

Renee Ferris

Psychologist

PS0105162
(BA, PG Dip Psych
PG Cert Social Health)
Assoc. MAPS



Renee is a Consultant Psychologist with a broad range of experience providing therapy for children, adolescents, adults and families. Her areas of expertise are:

- * Autistic Spectrum Disorders
- * Depression & Anxiety
- * Personal development
- * Couple therapy
- * Family therapy
- * Child therapy
- * Child behaviour management
- * Grief & loss
- * Career and workplace difficulty

Renee's therapeutic style incorporates cognitive-behavioural, interpersonal, positive psychology, solution focused, family systems, psycho-education, narrative and play therapy approaches, depending on the needs of the client.

Renee has a passion for her job as a psychologist, taking great joy from helping people reach a place of increased happiness, self-awareness or capability, and always enjoys building therapeutic relationships with each client she works with.

Locations & Contact Details

Riverlands Therapy Services

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Fax (02) 4731 8000

St Marys/Penrith Psychological Services

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Child, adolescent & adult therapy

Assessment & Reports

Autistic Spectrum Disorder Specialisation

Renee specialises in Autistic Spectrum Disorders (ASD's), working with many people with Aspergers or Autism, one-on-one and with their families/partner.

Diagnostic Reports

Renee provides diagnostic assessments and reports, incorporating a clinical interview with assessment tools and consultations with relevant professionals.

Therapy

Therapeutic interventions are available, designed to address the specific needs associated with ASD's, including training in the areas of social skills, emotional awareness and behaviour management for parents. Collaboration with schools or workplaces is also available, in order to enhance the support network for the client.

Couples counselling is also provided, incorporating knowledge and understanding of the specific needs of the relationship affected by ASD.

Key features of ASD's

- * Social difficulties
- * Communication difficulties
- * Restricted and repetitive interests and behaviours
- * Emotional vulnerability
- * Possible cognitive and learning difficulties
- * Common sensory and motor difficulties
- * Possible areas of special ability

Group Programs

Renee has developed and facilitated a number of successful Social Skills group programs. These run from time to time. Please contact Renee to enquire about the next groups on offer.



Other Information

Renee is a registered Medicare provider, enabling clients to receive rebates for individual and group therapy. Please see your Dr for a referral.

She is also an Associate Member of the Australian Psychological Society (APS).



Renee has co-written an article that was published in the Winter 2008 edition of 'Developing Practice', titled "Social Skills Programs for Children with Aspergers Syndrome", discussing the efficacy of her own group programs.